



ALN RAO MEMORIAL AYURVEDIC MEDICAL COLLEGE, KOPPA-577126

1st Professional BAMS Time Table (2025 - 26 Batch)

W.E.F 18/05/2026

TIME	1 9.15 - 10.05	2 10.05 - 10.55	10.55- 11.05	3 11.05 - 11.55	4 11.55 - 12.45	12.45 - 2.00	5 2.00 - 2.50	6 2.50 - 4.30	7 4.30 - 5.15	8
MONDAY	KRIYA SHAREERA (NLH) Dr.Chaitra N	PADARTHA VIGNANA (LH) Dr Keerthi P	SHORT BREAK	SAMHITHA(LH) Dr Devika Shetty	SANSKRIT (LH) DR Manjunath Hegde	LUNCH BREAK	PADARTHA VIGNANA (NLH) Dr Pallavi Hegde	RACHANA SHAREERA PRACTICAL	YOGA	
TUESDAY	SAMHITHA (LH) Dr Pallavi Hegde	SHAREERA RACHANA (NLH) Dr Madhuri Acharya		SANSKRIT (NLH) DR Manjunath Hegde	KRIYA SHAREERA (LH) Dr.Anjan Kumar		PADARTHA VIGNANA (LH) Dr Devika Shetty	RACHANA SHAREERA PRACTICAL	Mentor Mentee Meeting	
WEDNESDAY	SANSKRIT (LH) DR Manjunath Hegde	SAMHITHA(LH) Dr Aloknath D D		SAMHITHA(NLH) Dr Devika Shetty	KRIYA SHAREERA (LH) Dr.Sajna Krishnan		RACHANA SHAREERA (LH) Dr. Ameya	RACHANA SHAREERA PRACTICAL	Mentor Mentee Meeting	
THURSDAY	SAMHITHA(LH) Dr Keerthi P	SANSKRIT (NLH) DR Manjunath Hegde		SAMHITHA(NLH) Dr Pallavi Hegde	KRIYA SHAREERA (LH) Dr.Chaitra N		SHAREERA RACHANA (LH) Dr.Madhuri Acharya	KRIYA SHAREERA PRACTICAL	LIBRARY	
FRIDAY	SAMHITHA(NLH) Dr Keerthi P	KRIYA SHAREERA (LH) Dr.Supritha Shetty		PADARTHA VIGNANA (LH) Dr Aloknath D D	RACHANA SHAREERA(LH) Dr.Ashwini M		SANSKRIT (LH) DR Manjunath Hegde	ACTIVITY HOUR	Sports	
SATURDAY	SHAREERA RACHANA (LH) Dr. Madhuri Hegde	KRIYA SHAREERA (NLH) Dr.Sajna Krishnan		SANSKRIT (NLH) DR Manjunath Hegde	SHAREERA RACHANA (NLH) Dr.Madhuri Acharya		PADARTHA VIGNANA (NLH) Dr Aloknath D D	KRIYA SHAREERA PRACTICAL	RECREATION	

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3. IQAC
4. Chairman, Academic Committee
5. President sir file for info pls
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18/5/26
PRINCIPAL

Principal
A.L.N. Rao Memorial Ayurvedic
Medical College, Koppa-577126
Dist. : Chikmagalur (Karnataka)



ALN RAO MEMORIAL AYURVEDIC MEDICAL COLLEGE, KOPPA-577126

2nd Professional New BAMS Time Table (2023 - 24 Batch)

W.E.F 16/04/2026

	1	2	10.55 - 11.05	3	4		5	6	7	8	
TIME	9.15 AM - 10.05 AM	10.05 AM - 10.55 AM	10.55 - 11.05	11.05 AM - 12.45 PM		12.45 - 2.00	2.00 PM - 2.50 PM	2.50PM - 3.40PM	3.40 PM - 4.30PM	4.30 - 5.15PM	
MONDAY	Agada tantra (LH) <i>Dr Harish Deshapande</i>	Dravyaguna (LH) <i>Dr Shradha G S</i>	SHORT BREAK	Roganidana - B <i>(Dr SS/Dr RS)</i> Swastavritta - A <i>(Dr SJ/Dr VR) NLHP</i>		LUNCH BREAK	RSBK(NLH) <i>Dr Harsha NM/ Dr Sinchana DK</i>	Samhita Adhyana (NLH) <i>Dr Alokanath DD</i>	Dravyaguna <i>Dr Vyshakh</i>	Mentor Mentee Meeting	
TUESDAY	Dravya guna (LH) <i>Dr Pankaj Prasad</i>	Agada tantra (LH) <i>Dr Kartik H v</i>		Roganidana -A <i>(Dr SS/Dr RS)</i> Swastavritta - B <i>(Dr SJ/Dr VR) NLHP</i>			Roga nidana (LH) <i>Dr Ramyashree</i>	RSBK (LH) <i>Dr Dinesh Kumar Mishra</i>	Swastavritta &Yoga(NLH) <i>Dr Veena Ramesh</i>	Mentor Mentee Meeting	
WEDNESDAY	Swastavritta &Yoga(LH) <i>Dr Sadananda J</i>	Roga nidana (LH) <i>Dr Shubha S</i>		RSBK - A (Dr DKM/ Dr. AJM) Dravyaguna BATCH B <i>(KKK / SGS)</i>			DG (NLH) <i>Dr Praveen Kumar</i>	Samhita adhyana (NLH) <i>Dr Pallavi Hegde</i>	RSBK (LH) <i>Dr Prasanti K</i>	Library	
THURSDAY	Roga nidana(LH) <i>Dr Ramyashree</i>	Dravyaguna(LH) <i>Dr Shradha G S</i>		RSBK -B (Dr KP/ Dr SG/Dr SDK) Dravyaguna -A <i>(Dr PKR / Dr VK)</i>			Agadatanttra (LH) <i>Dr Karthik H V</i>	Samhita adhyana(LH) <i>Dr Devika S</i>	RSBK (LH) <i>Dr Jagadeesha Mayya</i>	Sports	
FRIDAY	Agada tantra (A & B) <i>Dr HVK/Dr HD NLHP</i>			Swastavritta &YOGA(LH) <i>Dr Sadananda</i>			Roga nidana (NLH) <i>Dr Shubha S</i>	Dravya guna (NLH) <i>Dr Vyshakh</i>	TIME FOR ASSIGNMENTS /ACTIVITY		Yoga
SATURDAY	Dravyaguna(NLH) <i>Dr Pankaj prasad</i>	Samhita adhyana (LH) <i>Dr Keerti P</i>		Swastavritta &YOGA(LH) <i>Dr Sadananda J</i>			Dravyaguna (LH) <i>Dr Krishna kishore</i>	RSBK (LH) <i>Dr Sinchana K</i>	Dravyaguna(LH) <i>Dr Praveen Kumar</i>	RSBK(LH) <i>Dr Sukruth</i>	RECREATION

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16-4-26

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Medical College, Koppa-577126
Dist. : Chikmagalur (Karnataka)



ALN RAO MEMORIAL AYURVEDIC MEDICAL COLLEGE, KOPPA-577126

2nd Professional Old BAMS Time Table (2024 - 25 Batch)

W.E.F 09/04/2026

	1	2		3	4		5	6	7	8	
TIME	9.15 AM - 10.05 AM	10.05 AM - 10.55 AM	10.55 - 11.05	11.05 AM - 11.55 PM	11.55PM - 12.45PM	12.45 - 2.00	2.00 PM - 2.50 PM	2.50 PM - 3.40PM	3.40PM - 4.30PM	4.30 - 5.15PM	
MONDAY	Roga nidana(LH) Dr Ramyashree AS	Dravyaguna (LH) Dr Krishna Kishore	SHORT BREAK	RSBK (LH) Dr Sukruth	Agada tantraT (LH) Dr Karthik H V	LUNCH BREAK	Swastavritta &Yoga (NLH) Dr Veena Ramesh	RSBK - A (Dr DKM/Dr SDK/ Dr SG) Dravyaguna-B (Dr PKJ) NLHP		LIBRARY	
TUESDAY	Agadatantra (LH) Dr Harish Deshpande	Dravyaguna (LH) Dr Shradha G S / Dr.Praveen Kumar		RSBK (LH) Dr Prasanti K	Swastavritta (LH) Dr Sadanand. J		Roganidana (NLH) Dr.Shubha.R.S	RSBK BATCH B (Dr KP /Dr AJM) Dravyaguna - A (Dr PKJ) NLHP	Roganidana-A (Dr RS/Dr APK/Dr SB)		Sports
WEDNESDAY	Dravyaguna (NLH) Dr Vyashakh	Samhita Aadhyanan(NLH) Dr Keerthi P		Roganidana (LH) Dr Ramyashree	Swastavritta &Yoga(LH) Dr Sadanand. J		RSBK (NLH) Dr Jgadeesha Mayya A	Roganidana - A (Dr RS/Dr APK/Dr SB) Swastavritta - B (Dr VR) NLHP		Yoga	
THURSDAY	Agada tantra (NLH) Dr Harish Deshpande	RSBK (LH) Dr Harsha NM/ Dr Sukruth G		Samhita adhyana (NLH) Dr Devi.S	Roga nidana (LH) Dr Shubha R S		Dravyaguna(NLH) Dr Pankaj Prasad	Roganidana - B (Dr RS/Dr APK/Dr SB) Swastavritta - A (Dr VR) NLHP		Mentor Mentee Meeting	
FRIDAY	RSBK (NLH) Dr Sinchana K	Dravyaguna (LH) DR Praveen Kuma		Roga nidana(LH) Dr. Soumya Bhat	Samhita adhyana(NLH) Dr Pallavi Hegde		Swastavritta &Yoga (LH) Dr Veena Ramesh	TIME FOR ASSIGNMENTS /ACTIVITY		Mentor Mentee Meeting	
SATURDAY	Agadatantra (A & B) Dr Karthik H V/Dr Harish Deshpande NLHP			Dravyaguna(NLH) Dr Shradha G S	Samhita adhyana(NLH) Dr Aloknath D D		Swastavritta &Yoga (LH) Dr Latha Ramesh	RSBK (LH) Dr Dinesh kumar Mishra	Roga nidana (LH) Dr Shubha R S	RECREATION	

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9/4/26
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Time/Day	1	2	10.55-11.05	3	4	12.45-2.00	5	6	7	8	
	9.15-10.05	10.05-10.55		11.05-11.55	11.55-12.45		2.00-2.50	2.50-3.40	3.40-4.30	4.30-5.15	
MONDAY	Panchakarma (LH/NLH-T) Dr Shobha B K	Kaumarabhritya (LH/NLH-T) Dr Pooja Bhat	SHORT BREAK	Prasooti Tantra & Stree Roga (NLH-P) Dr Ashwini M/ Dr Sonu Mariyam		LUNCH BREAK	Shalya Tantra (LH/NLH-T) Dr Ameya	Shalakyta Tantra (NLH-P) Dr Archana V/ Dr Meghana		Library	
TUESDAY	Kayachikitsa (LH/NLH-T) Dr Prashanth Bhat	Samhita Adhyayana (LH/NLH-T) Dr Devika		Panchakarma (NLH-P) Dr Shobha B K/ Dr Sharada Talwar/ Dr Anusha			Kayachikitsa (LH/NLH-T) Dr Keshava D V	Panchakarma (LH/NLH-T) Dr Anusha	Kayachikitsa (LH/NLH-T) Dr Hiran G	Sports/ Sloka parayana	
WEDNESDAY	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Sonu Mariyam	Shalakyta Tantra (LH/NLH-T) Dr Archana V		Kayachikitsa (NLH-P) Dr Prashanth Bhat/ Dr Ashwini S G/ Dr Hiran			Shalya Tantra (LH/NLH-T) Dr Mithun B Shetty	Samhita Adhyayana (LH/NLH-T) Dr Alok Nath D D	Kayachikitsa (LH/NLH-T) Dr Ashwini S G	YOGA	
THURSDAY	Shalakyta Tantra (LH/NLH-T) Dr Meghana	Kaumarabhritya (LH/NLH-T) Dr Pooja Bhat/ Dr Zenia Dharini		Kayachikitsa (NLH-P) Dr Keshava D V/ Dr Madhavi/ Dr Manjunath U			Shalya Tantra (NLH-P) Dr Madhuri Hegde/ Ameya	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Ashwini M	Samhita Adhyayana (LH/NLH-T) Dr Pallavi Hegde	Mentor Mentee Meeting	
FRIDAY	Kayachikitsa (LH/NLH-T) Dr Manjunath U	Kayachikitsa (LH/NLH-T) Dr Madhavi		Kaumarabhritya (NLH-P) Dr Pooja Bhat/ Dr Zenia Dharini			Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Ashwini M	Shalya Tantra (LH/NLH-T) Dr Madhuri Hegde	ACTIVITY HOUR		
SATURDAY	Panchakarma (LH/NLH-T) Dr Sharada Talwar	Kaumarabhritya (LH/NLH-T) Dr Zenia Dharini		Shalya Tantra (NLH-P) Dr Nagaraj/ Dr Madhuri Hegde/ Dr Ameya					Shalya Tantra (LH/NLH-T) Dr Nagaraj	Samhita Adhyayana (LH/NLH-T) Dr Keerthi P	Shalakyta Tantra (LH/NLH-T) Dr Vikram G

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TUESDAY	Panchakarma (LH/NLH-T) Dr Sharada Talwar	Kayachikitsa (LH/NLH-T) Dr Keshava D V		Shalya Tantra (NLH-P) Dr Nagaraj/ Dr Madhuri Hegde/ Dr Ameya	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Ashwini M		Kaumarabhrithya (LH/NLH-T) Dr Pooja Bhat	Samhita Adhyayana (LH/NLH-T) Dr Keerthi P	Mentor Mentee/ Library	
WEDNESDAY	Shalakyia (LH/NLH-T) Dr Meghana	Kaumarabhrithya (LH/NLH-T) Dr Zenia Dharini		Prasooti Tantra & Stree Roga (NLH-P) Dr Ashwini M/ Dr Sonu Mariyam	Shalya Tantra (LH/NLH-T) Dr Madhuri Hegde		Shalya Tantra (LH/NLH-T) Dr Mithun B Shetty	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Ashwini M	Research & Statistics (LH/NLH-T) Mr. Prakash	
THURSDAY	Shalya Tantra (LH/NLH-T) Dr Ameya	Shalakyia (LH/NLH-T) Dr Vikram G		Panchakarma (NLH-P) Dr Shobha B K/ Dr Sharada Talwar/ Dr Anusha	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Sonu Mariyam		Shalya Tantra (LH/NLH-T) Dr Nagaraj	Panchakarma (LH/NLH-T) Dr Anusha	YOGA	
FRIDAY	Kayachikitsa (LH/NLH-T) Dr Prashanth Bhat	Kayachikitsa (LH/NLH-T) Dr Hiran G		Kayachikitsa (NLH-P) Dr Keshava D V/ Dr Madhavi/ Dr Manjunath U	Research & Statistics (LH/NLH-T) Dr Prashanth Kumar Jha		Shalakyia Tantra (LH/NLH-T) Dr Meghana	ACTIVITY HOUR Kaumarabhrithya (LH/NLH-T) Dr Pooja Bhat		Samhita Parayana /Manjunath Hegde/Dr Devika/Dr Keerthi P/ Dr Pallavi Hegde
SATURDAY	Panchakarma (LH/NLH-T) Dr Shobha B K	Kayachikitsa (LH/NLH-T) Dr Ashwini S G		Shalakyia Tantra (NLH-P) Dr Vikram G/ Dr Meghana	Prasooti Tantra & Stree Roga (LH/NLH-T) Dr Sonu Mariyam		Shalakyia Tantra (LH/NLH-T) Dr Archana	Samhita Adhyayana (LH/NLH-T) Dr Pallavi Hegde	Kaumarabhrithya (LH/NLH-T) Dr Zenia Dharini	

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